

The logo for HEC Paris, featuring the letters 'HEC' in a large, white, serif font with a horizontal line through the 'H', and the word 'PARIS' in a smaller, white, sans-serif font directly below it.

HEC
PARIS

LIFE PROJECT

**GET INSPIRED.
GROW.
THRIVE.**

2026



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WHY HEC LIFE PROJECT?

THE ERA OF LINEAR CAREERS IS OVER.

Socio-economic changes, challenges related to ecological transition, and technological disruptions like artificial intelligence are profoundly transforming our work. In light of these changes, the search for meaning, impact, and personal fulfillment is increasing the need for support throughout one's journey.

In response to this need, HEC Alumni has created HEC Life Project: a dedicated resource and support center for your professional development.

OUR MISSION :

To support and inspire our alumni, helping them realize their full potential throughout their journeys and diverse paths.

With the support of a network of over 40 experts and a wide range of events, HEC Life Project helps you navigate the complexities of the professional world while giving meaning to your journey.

Are you ready to turn your aspirations into tangible achievements?

1600
participants per year

100
events per year

300
coaching sessions
& interviews per year



**GET
INSPIRED.**



GROW.



THRIVE.

RESOURCES TO MEET THE DIVERSITY OF YOUR NEEDS



PROFESSIONAL SUPPORT & COACHING

HEC Life Project individual interviews
Coaching Access individual coaching
CV Advice (one to one)
LinkedIn Advice (one to one)



MENTORING HEC PULSE

Benefit from the advice of a HEC Alumni mentor on our **HEC Pulse** platform to guide you in your professional project or become a mentor to share your experience and support your fellow students and graduates.



JOB BOARDS

The HEC Alumni job board: the employment platform for HEC graduates.
Whats4U: the job board for France's top Grandes Ecoles.
GoinGlobal: the job board dedicated to international careers.



EVENTS & WORKSHOPS

Workshops, webinars, masterclasses, seminars, conferences... Nearly 100 events on a wide range of topics and with the best experts are offered every year.



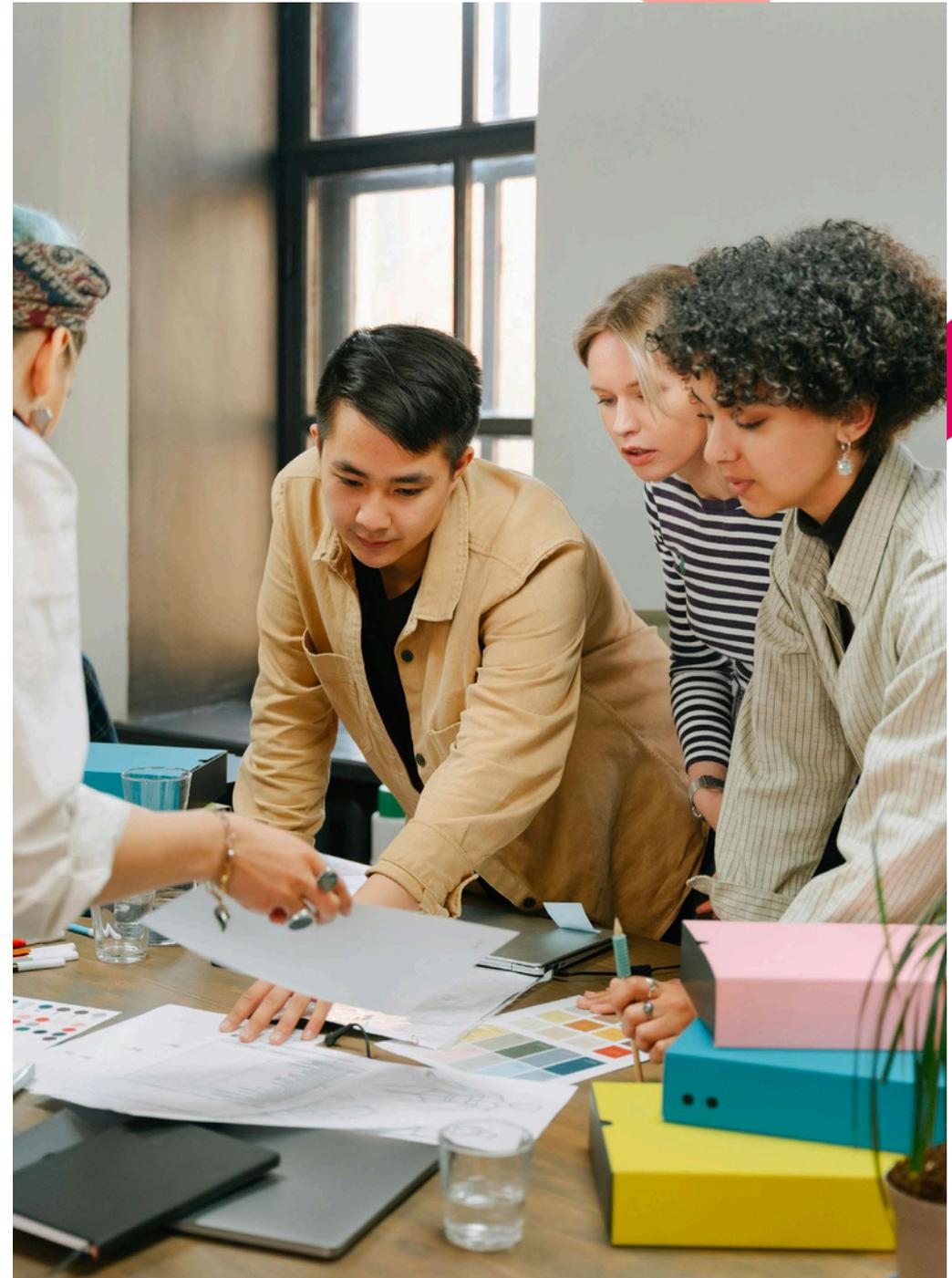
NETWORKING

Thanks to the **HEC Alumni Professional Clubs**, meet professionals in your sector, take part in events and contribute to the dynamism of the HEC network.



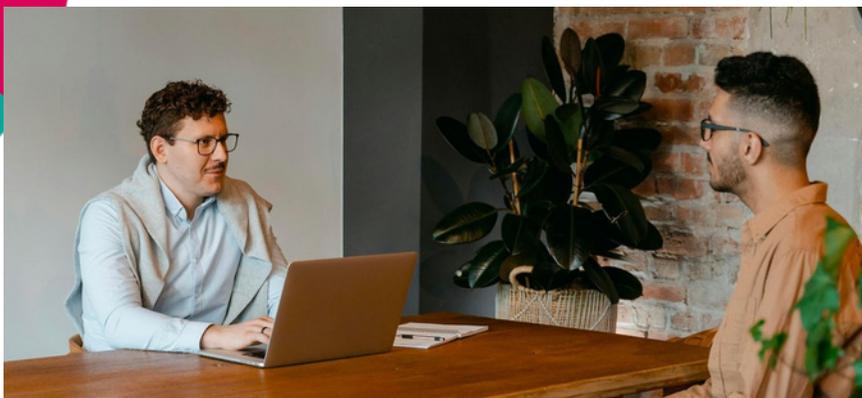
CONTINUING EDUCATION

Edflex: The Life long Learning platform for continuing learning and training.
Climate School: Understand the ecological transition and its impact on professions.
Back to School: Access HEC Paris Executive Education programs on preferential terms and benefit from a free once-in-a-lifetime program.
Le Wagon x HEC Alumni: Elevate your skillset with immersive courses in web development, data and AI to transform your career with special reduced pricing!





SUPPORT & COACHING



ONE-TO-ONE INTERVIEWS

Assess your current situation and professional goals in complete confidentiality to receive personalized advice. Are you looking for support with your professional project, want to learn more about the resources available within HEC Alumni, or simply need to take a step back to clarify any professional questions? Feel free to schedule a one-on-one meeting with one of our experts.



Objectives: listen to you, take stock of your professional situation, identify your needs and guide you towards the resources best suited to your project. Available in French and English.



Rates:
Free for fee-paying members



Contacts:
Mathilde Courtois - mathilde.courtois@hecalumni.fr
Marine Homo - marine.homo@hecalumni.fr

ONE TO ONE COACHING WITH COACHING ACCESS

Let one of the professional coaches selected by HEC Life Project help you achieve your goals. A 3-hour individual coaching package (online or face-to-face), at a negotiated rate, with one of our certified coaches.



Objectives: work on a professional issue or question (clarify or unblock a situation), support when taking up a new position or moving on, initiate and make a success of a professional transition, work on yourself to develop your potential and leadership, etc. Available in French and English.



Rates:
Alumni Contributors unemployed 300€ / Alumni Contributors 330€ /
Non contributor 600€.



Contact:
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CV ADVICE

Ask an expert to help you optimize your CV in line with your career plans. 1 hour of individual telephone coaching with an HR expert to rework your CV in line with your career objectives. Available in French and English



Rates:
Starting from 60€ for unemployed Alumni Contributors



Contact:
Marine Homo - marine.homo@hecalumni.fr

LINKEDIN ADVICE

Benefit from personalized advice from an expert to improve your presence on LinkedIn: profile, editorial line, algorithms, etc. 30 minutes of one-to-one coaching over the phone, in 1 or 2 sessions, with a LinkedIn expert. Available in English and French.



Rates:

Starting from 60€ for unemployed Alumni Contributors



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EVENTS & WORKSHOPS



Workshops, webinars, masterclasses, seminars, conferences... Nearly 100 events every year on a variety of themes and with the best experts, to be found in the HEC Life Project agenda.

DISCOVER SOME OF THE 2026 PROGRAM:

Webinar “Champion’s Pitch”

Webinar “Strategic networking”

Webinar “LinkedIn behind the scenes”

Webinar “Secrets of headhunters”

Webinar “Shine at your next job interview”

Online workshop “Higher impact in public speaking”

Webinar “Ditch your TO-DO list, who do you need TO BE?”

Online workshop “How to design your work purpose with the IKIGAI method”

Webinar “Return to work”

Webinar “Own your career” ...



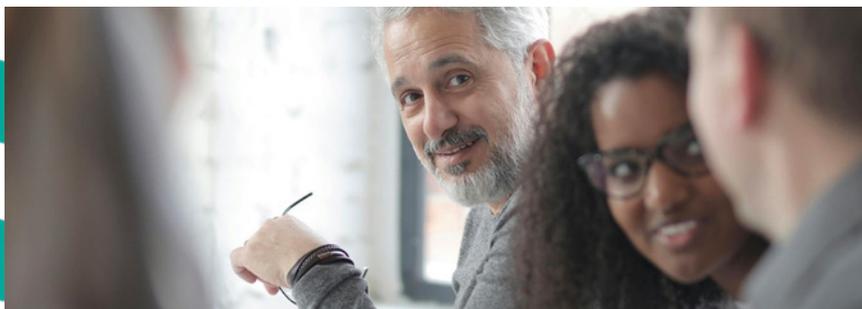
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FIND OUT MORE



MENTORING HEC PULSE



Mentoring is a pillar of HEC Alumni, born of the conviction that the network is a powerful means of accelerating one's professional development, and of experiencing first-hand the solidarity of the HEC network.

HEC Pulse is the digital mentoring platform where anyone in the HEC community can connect: it's open to all students and alumni, with more or less features activated depending on your membership status.

→ **Long-term mentoring:** A structured, supervised 6-month program designed to help the mentee take up a new position, develop professionally, retrain, etc. Accessible only to HEC members.

→ **Flash mentoring:** Unique 30 minutes to 1-hour encounters on a specific subject.



Rates:

Every HEC Alumni can be a mentor. Only HEC Alumni students and HEC Alumni contributors can be mentees.



Contact:

mentoringhec@hecalumni.fr

FIND OUT MORE



JOB BOARDS

HEC ALUMNI JOB BOARD

Find your next opportunity or recruit talent with the HEC Alumni job platform.

The job offers platform exclusively reserved for HEC Alumni. A selection of highly qualified job offers, some of which are posted directly by HEC Alumni for their peers in France and abroad.

Applicants* :

- Thousands of job offers from our partners;
- Direct offers from Alumni and recruiters in France and abroad;
- Make yourself visible to recruiters thanks to the HEC Alumni CV library;
- Activate alerts to make sure you never miss an opportunity;
- Identify members of your network within the companies that interest you.

Recruiters**

- Distribute your job offers free of charge to thousands of HEC graduates worldwide;
- Identify talent directly using our CV library (over 3,000 profiles available) and by activating candidate alerts;
- Promote your employer brand to graduates with tailor-made offers;
- Share your job offers directly and automatically on Whats4u to reach a wide audience of Grandes Ecoles graduates.

WHATS4U

HEC Alumni is a member of Whats4u, a collective of 18 alumni associations from prestigious Grandes Écoles. Whats4u's mission is to facilitate the professional development of our schools' graduates. To this end, they organise events enabling direct and informal exchanges between recruiters and alumni from the best engineering and business schools. We pool the job offers received by Whats4u and each of the associations. We also develop partnerships around themes such as international mobility (GoinGlobal).

FIND OUT MORE

*Reserved for HEC Alumni. Free for fee-paying members. ** Free and open to all recruiters, even non-HEC.

GOINGLOBAL

The job platform dedicated to international careers. Want to work abroad? GoinGlobal is for you: you'll find over 40 career guides organised by country, a worldwide directory of major employers, and thousands of internships and job offers.



Rates:

Free for HEC Alumni fee-paying members



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CONTINUING EDUCATION



BACK TO SCHOOL (INFINITY PASS EXCLUSIVITY)

Infinity Pass gives you access to HEC Paris Executive Education programs at preferential conditions.

→ **1 seminar offered once in your lifetime*** from the following 5 programs:

- Sustainable Transition Management
- Doing business in a complex world
- Strategic negotiation skills & leadership
- Adaptive leadership in complex situation
- Financial Strategy for Decision Makers

→ **30% discount on all Executive Education programs, excluding partner programs***



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*Free and/or discount offer available excluding ancillary costs (e.g. meals, accommodation, travel, etc.), subject to availability of places and compliance with enrolment conditions (e.g. pre-requisites, selection panel, etc.). For free seminars, lunches are compulsory and at the participant's expense. For seminars benefiting from a 30% discount: This discount cannot be combined with any other promotional offer and does not apply to partnership programs (please consult us).

EDFLEX (INFINITY PASS EXCLUSIVITY)

Infinity Pass gives you access to our online continuing education platform. Edflex offers over 10,000 courses in all fields: economics, digital, marketing, management, sustainable development, etc.

Your exclusive Edflex advantages:

- More than 70,000 resources available in a variety of formats to suit your needs: articles, videos, podcasts, online courses;
- Unlimited access to replays of HEC webinars and HEC Executive Education webinars;
- Quality resources in the fields of entrepreneurship, finance, leadership, foreign languages and public speaking;
- Certifying courses and free courses accessible directly on the portal (playlists);
- A simple, agile way to boost the skills you need, when you need them!



Rates:

Free for Infinity Pass subscribers



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CLIMATE SCHOOL (INFINITY PASS EXCLUSIVITY)

On our Edflex continuing education platform, you'll find a hundred or so free micro-learning modules designed by Axa Climate scientists to help you understand the ecological transition and its impact on your business.

Understand: The scientific foundations of sustainable transition: 6 courses to understand the intrinsic workings but also the interactions between climate, biodiversity and natural resources, as well as their impact on our societies.
Taking action: Building a roadmap for action in each business line: 4 courses

on collective corporate challenges and 1 course per business line (IT, Purchasing, Legal, Finance, HR).

Taking action: Building a roadmap for action in each business line: 4 courses on collective corporate challenges and 1 course per business line (IT, Purchasing, Legal, Finance, HR).



Rates:

Free for Infinity Pass subscribers



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LE WAGON X HEC ALUMNI

Develop new skills in web development, data and AI. Le Wagon and HEC Alumni have teamed up to offer the HEC community discounted prices on the world's #1 ranked tech courses. Whether you want to launch your career in tech, make your CV stand out from the crowd, or become an entrepreneur, find out which course is right for you!

- **Enjoy exclusive pricing with a 5% reduction on data engineering bootcamps and skill courses**
- **Receive a €500 discount on web development, data science & AI, and data analytics bootcamps**

This offer applies exclusively to the Le Wagon's European campuses and to the Online format.



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FIND OUT MORE



NETWORKING



With over 1,500 clubs in France and around the world, HEC Alumni boasts an extraordinary network.

It's a unique ecosystem for your professional and personal development, whether you want to keep in touch with peers through shared interests, take part in inspiring events, get involved in projects or expand your network.

PROFESSIONAL CLUBS

REGIONAL CHAPTERS

THEME CLUBS

INTERNATIONAL CHAPTERS

GENERATIONAL CLUBS

Good to know: Clubs are open to all graduates, whatever their membership status. Don't hesitate to get in touch with the alumni in charge of the Club offices, some of whom have career relays and can help you with your career transition plans.

FIND OUT MORE

A TEAM AND EXPERTS TO SUPPORT YOU

HEC Life Project is a team of permanent staff at your disposal, and the expertise of a community of over **40 carefully selected speakers and professional coaches**.



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DON'T MISS ANY OF OUR LATEST NEWS:

Find out **all about HEC Life Project**

ON THE HEC ALUMNI WEBSITE

Discover our **full program of events**

IN THE DIARY

Receive our **monthly Newsletter and Agenda**
in your mailbox (never received them? Contact
Mathilde Courtois - mathilde.courtois@hecalumni.fr)

SUBSCRIBE

Follow us on **social networks:**

